

**APPLICATION**  
**Wellness by Design**  
**TEACHER TRAINING Sept. 2018-2019**

Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Occupation \_\_\_\_\_ Today's Date \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Day phone(\_\_\_\_) \_\_\_\_\_ Eve phone(\_\_\_\_) \_\_\_\_\_

Emergency contact:

Name \_\_\_\_\_ Phone(\_\_\_\_) \_\_\_\_\_

**On a separate sheet of paper, please briefly answer the following questions:**

1. What style Yoga do you practice? How long have you practiced, how frequently do you practice?  
Note your primary teachers.
2. What does Yoga mean to you?
3. Why do you wish to pursue an advanced course of study at this time in your life?
4. How did you hear about this course?

**If you are already teaching:**

- a. What skills do you wish to augment through this program?
- b. In what environment do you teach? (studio, gym, school, etc.) How many hours per week do you teach?
- c. How long have you been teaching?

Please note all medical/physical conditions.

**How to Register:**

Fill out registration form and remit appropriate deposit amount (Payable to P.O.S.T. -WBD) to address at bottom of page. Or drop by in person. You may also pay via [MindBodyOnline.com](http://MindBodyOnline.com) from our websites. [postwellnessbydesign.com](http://postwellnessbydesign.com) or [jeansintegrativeyogatherapy.com](http://jeansintegrativeyogatherapy.com)

Before acceptance to the program you will receive a phone call to set up a short interview appointment. Full refund of the deposit will be made if applicant is not accepted.

Cancellation policy: Tuition is refundable less a \$100 processing fee until August 8th, 2018.

(Should we not enroll our minimum number of students and we need to cancel the program, we will provide a full refund)

**Space in this valuable program is limited. We encourage you to apply early!**

Thank you for your application. Namaste.

**P.O.S.T. – *Wellness By Design***

**224A Weller Street, Petaluma, CA 94952**